

Ria Story

ENGAGE, INSPIRE & MOTIVATE your audience at your next event!



About Ria:

After enduring years of sexual abuse, Ria transformed herself from victim to victor and has dedicated her life to helping others.

She worked in the Healthcare industry for over ten years, including several years as the Director of Regulatory Affairs at a large community hospital, before resigning from corporate life to pursue a passion for inspirational speaking and leadership development. Ria's experience as an international leadership coach includes motivational speaking, professional and life coaching, and leadership training. Ria teaches group fitness and enjoys an active lifestyle. She learned to mountain bike in 2008 and was the 2011 and 2012 State Mountain Biking Champion for both Alabama and Georgia in her division. She also enjoys running half and full marathons.



Why Book Ria?

More than just an entertaining keynote speaker, Ria shares her powerful personal story of overcoming adversity and transforming her life, and the leadership lessons that she successfully applied and anyone can take action on.

Certified Leadership Speaker, Coach and Trainer by the John Maxwell Team, Ria can also offer workshops and training sessions customized for your organization, team or event. Featured in the National Association of Professional Women's Member Spotlight and also in Leadership Inspirational.

Published Author with two books available on leadership, personal and professional success. Ask how your audience can receive a copy as a bonus to your event!

Ria will schedule a conference call before your event to learn about your goals for the event and how she can support you and make the event a success. Ria is also available for breakout sessions and book signings, or arrange for someone to have a meal with Ria as an employee reward or recognition event.



Book Ria to speak: 334-357-5797

www.AchieveAbundantLife.com

Why wait? Book Now! 334-357-5797

MOST REQUESTED KEYNOTE

Achieve Abundant Life

In this keynote presentation, Ria shares her personal story, Ria's Story From Ashes To Beauty, of overcoming years of sexual abuse and the leadership principles she applied to find both personal significance and professional success. She inspires audiences to "Live Your Dream In Spite Of Your Past" and "Achieve Abundant Life."

BUSINESS KEYNOTES:

- Leadership & Influence
- Leading Change
- Communication
- Personal Growth
- Servant Leadership

LEADERSHIP KEYNOTES

How to A.C.H.I.E.V.E. the Goals in Your Life

Ria share leadership lessons from her book A.C.H.I.E.V.E. 7 Keys to Success, Significance, and Your Potential: Attitude, Choices, Humility, Integrity, Energy, Vision, and Excellence.

The Power of Effective Planning

In this presentation, Ria covers how to plan your priorities instead of prioritizing your plan. Available as a one-hour presentation or a four-hour "skillshop" with a workbook for participants to apply the skill to their own life and create an action plan to take away.

Other topics may be available on request

"I truly enjoyed the encouraging words you had to share. I admire you so much and you are such a dynamic and motivational speaker. You are a true inspiration!"

*~Laura S.
Associate Broker and Realtor*

"Thank you for the difference you make – it's possible you will change the world!"

*~Donovan W.
Donovan Industrial Solutions*

"You are an inspiration to us all!"

*~Karie B.
Beaumont, TX*



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